



May, 2015



Clay Senior Activity Center

681-0238

Linda Plummer & Beth Petty, Co-Directors

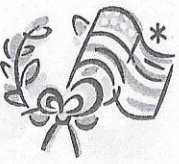
Mon	Tue	Wed	Thu	Fri
Center is open Monday-Friday 9 a.m.—1 p.m.		Birthdays In Green 		1 Devotion with Beth 
4 Bingo & Bridge	5 Nutritional Information Games 	6 Chair Exercise 11:15 Blood Pressure Checks 10:30	7 Bingo & Canasta 	8 Mother's Day Celebration! Games
11 Bingo & Bridge	12 Rummikub	13 Brunch & Mini Concert at Grayson Valley Country Club	14 Nutritional Information Games James Burleson	15 Zac Brooks EMA New Emergency System 16 Marie King 16 Cathern Hinkle
18 Bingo & Bridge 	19 Nutritional Information Games	20 Out to Eat at Laney's Restaurant Leave at 10:30 Games	21 Rook Canasta	22 Ship Information Games 23 Audie Barrett
25 Closed 	26 Wii Bowling 	27 Nutritional Information Games Dorothy Billman	28 Golf Rummikub Ruth Spitzer	29 Giant Crossword Puzzle 31 Rose Clayton 31 Martha Tolbert

MAY

Noon Menu

ADSS NUTRITION PROGRAM

SPRING 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<u>Menu 20</u> 1 Smoked Sausage/Bun Ranch Beans Coleslaw Fresh Fruit Diced Onions Mustard Strawberry Fruited Gelatin Milk
<u>Menu 1</u> 4 Grape Juice Chicken Tetrazzini Hot Country Tomatoes Green Peas Wheat Roll Margarine Spiced Apples Milk	<u>Menu 2</u> 5 Orange Juice BBQ Rib Patty Butter Beans Baby Carrots Texas Bread Margarine Butterscotch Pudding Milk	<u>Menu 3</u> 6 Italian Mac Casserole Broccoli/Cheese Sauce Tossed Salad/Ranch Dressing Fresh Fruit Wheat Breadstick Margarine Fudge Crème Cookie Milk	<u>Menu 4</u> 7 Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Raspberry Gelatin Milk/Chocolate Milk	<u>Menu 5</u> 8 Orange/Pineapple Juice Smothered Chicken Breast Whipped Potatoes Turnip Greens Cornbread Margarine Birthday Cake Milk/Buttermilk
<u>Menu 6</u> 11 Orange Juice Chicken Alfredo Country Corn Parslied Carrots Wheat Breadstick Margarine Strawberry Cake Milk	<u>Menu 7</u> 12 Teriyaki Meatballs (3) Fried Rice Green Beans/Red Peppers Fresh Fruit Whole Wheat Bread Margarine Cherry Gelatin Milk	<u>Menu 8</u> 13 Apple Juice Hot Dog/Bun Baked Beans Macaroni Salad/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk	<u>Menu 9</u> 14 Blended Juice Ham & White Beans Okra & Tomatoes Collard Greens Cornbread Margarine Sugar Cookies – 2 each Milk/Buttermilk	<u>Menu 10</u> 15 BBQ Chicken/Bun Purple Hull Peas Creole Cabbage Peaches/Pears Nutty Buddy Milk
<u>Menu 11</u> 18 Grape Juice Meatloaf/Brown Gravy Delmonico Potatoes Brussels Sprouts Whole Wheat Bread Margarine Oatmeal Crème Pie Milk	<u>Menu 12</u> 19 Chicken Cacciatore Buttered Rice Mixed Greens Fresh Fruit Cornbread Margarine Chocolate Pudding Milk/Buttermilk	<u>Menu 13</u> 20 Orange Juice Ham/Raisin Sauce Whipped Sweet Potatoes Cabbage Whole Wheat Bread Margarine Cranberry Congealed Salad Milk	<u>Menu 14</u> 21 Chicken Soft Taco Diced Chicken Taco Meat Taco Salad Mix Flour Tortilla Mexican Corn Black Beans Taco Sauce Chocolate Cake Milk	<u>Menu 15</u> 22 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk
25  Centers Closed Memorial Day	<u>Menu 17</u> 26 Orange Juice Chicken Pot Pie Zucchini/Tomatoes Rosey Applesauce Wheat Breadstick Margarine Fig Bar Milk	<u>Menu 18</u> 27 Chopped Steak/Gravy Country Potatoes Green Peas/Onions Sliced Peaches Wheat Roll Margarine Yellow Cake Milk	<u>Menu 19</u> 28 Tomato Juice Vegetable Plate: Macaroni & Cheese Black Eyed Peas Mustard Greens Cornbread Margarine Chocolate Chip Cookies – 2 each Milk/Buttermilk	<u>Menu 20</u> 29 Smoked Sausage/Bun Ranch Beans Coleslaw Fresh Fruit Diced Onions Mustard Strawberry Fruited Gelatin Milk